# 21<sup>st</sup> CENTURY COMMUNITY LEARNING CENTER TRIMESTER 2 ENRICHMENT OPPORTUNITIES

December 7, 2015—March 10, 2015

# "Get it Together"

Monday & Wednesday 2:00-3:00PM



Our enrichment students are always on a schedule, often overloaded. During this program we have designated an hour of time for students to get together with teachers, counselors, mentors and fellow classmates to tackle school work. During this allotted hour participants will organize agendas, check Infinite Campus and work on homework assignments. "Get It Together" also provides a space to form study groups for upcoming tests under the direction of tutors and mentors.

### "Figuring It Out"

Monday & Wednesday 3:00-4:00PM

Students will learning about coping skills and how to "figure it out". Participants will be introduced to meditation, yoga, counselors and overall wellness techniques. We will work towards identifying strengths and goal setting. The purpose of the program is to teach students how to self-advocate and achieve a healthy life while paving a road to success.



## **Cooking Around the World**

Tuesday & Thursday 2:00-3:00PM



This trimester we will be expanding beyond the four walls of W-H and exploring "cooking around the world". Each week students will "travel" to the country of the week. Under the direction of our culinary instructor, Mr. Ryan, students will learn basics cooking skills in our professional kitchen. They will have the opportunity to gain knowledge about international cooking styles and recipes. Each student will create an international cookbook to showcase their favorite recipes.

#### **Art with Expression**

Tuesday & Thursday 3:00-4:00PM

Students will learn basic art techniques and strategies through self-expression. Our goal is to foster creativity through process-oriented art while using creative and innovative techniques. As the students build on their skills, students will work on projects that truly impact the way they see art.



### Fit for Life

Monday - Thursday 2:00-4:00PM



Ready, set, get moving! This is your chance to stay inside on a cold winter day and use the fitness center. Be prepared to have a personal training program and revitalize yourself. You will love the new you.

After-School Enrichment Schedule
1:35-1:55 Snack & Check-In/Courtyard Café
2:00-3:00 Activity/ Homework Help; 3:00-4:00 Activity/Homework Help
4:00 Late Bus Monday-Thursday
Students who participate in two activities are eligible for 2 elective credits.

To enroll, contact Maureen Leonard at 781-618-8020, Maureen.leonard@whrsd.org